

# THE LORD IS MY SHEPHERD

## *Psalm 23*

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### ***Psalm 23 (ESV)***

*<sup>1</sup>“The Lord is my shepherd; I shall not want.*

*<sup>2</sup> He makes me lie down in green pastures.*

*He leads me beside still waters.*

*<sup>3</sup> He restores my soul.*

*He leads me in paths of righteousness  
for His name's sake.*

*<sup>4</sup> Even though I walk through the valley of the shadow of death,  
I will fear no evil,*

*for You are with me;*

*Your rod and Your staff,  
they comfort me.*

*<sup>5</sup> You prepare a table before me  
in the presence of my enemies;*

*You anoint my head with oil;  
my cup overflows.*

*<sup>6</sup> Surely goodness and mercy shall follow me  
all the days of my life,  
and I shall dwell in the house of the Lord  
forever.”*

The Lord Jesus – My Shepherd.

He is the source of our peace, joy and contentment.

**Psalm 23:1b** – *I shall not want*

This verse means our Father gives us everything that is good for us to have when it is good for us to have it.

This verse requires us to ask ourselves if we trust our Shepherd.

The absence of the things we want so much means that there is a greater good that He wants to give us so we must do without these things right now.

**Refrain from Hymn “None but Christ” -**

*Now none but Christ can satisfy,*

*None other name for me;*

*There's love and life and lasting joy,*

*Lord Jesus, found in Thee.*

We have the secret of eternal life, everlasting peace, joy, and contentment.

We already have everything we need to enjoy continual peace, joy, and contentment.

When you wake up in the morning and become conscious, you have a choice to make. What are you going to think about? Your mind naturally moves toward the problems you face and how to solve them or other problems and troubles in the world. Make a choice. Choose not to go there. There will be lots of time for problem solving later. Choose to think about our Father and our Savior and all we have in Him. Whisper the truth about what He is giving you.

*You love me Father. I am yours and you are mine. I'm forgiven and I'm going to heaven. It could be today! You are such a wonderful person.*

*You show your love to me in such wonderful ways. Today is a gift from you. A whole day to enjoy being with you and enjoy your company. Thank you for this warm bed I have slept in. Thank you for my breakfast I have to eat. Thank you for my family. Thank you for my friends. Thank you for my brothers and sisters in the church. They help me so much. Thank you for being my friend and my shepherd. I don't have to worry. I trust you. Help me to remember you today and to keep trusting you.*

Memorize and repeat these scriptures to yourself throughout the day:

***Isaiah 41:13 (NIV)***

*For I am the Lord your God  
who takes hold of your right hand  
and says to you, Do not fear;  
I will help you.*

***John 14:1-2 (NASB)***

*"Do not let your heart be troubled; believe in God, believe also in Me. In My Father's house are many dwelling places; if it were not so, I would have told you; for I go to prepare a place for you.*

If you make this choice of what you think about you will notice a wonderful change in your life. You will feel peace, contentment, and joy. This will not be dependent on your earth circumstances but on your eternal circumstances. Our Father's love for you will not change. He will never leave you or forsake you.